

Preserving knee is important rather than replacing it: Raghuveer Reddy



Dr. Pascal Christel, renowned orthopaedic surgeon from France; at Taj Deccan on Saturday.

Hyderabad: Sai Institute of Sports Injury and Arthroscopy (SISA), the health care facility with special focus on knee preservation techniques, has successfully performed advanced knee procedures including High Tibial Osteotomy (HTO), Meniscus Root Repair and Cartilage Cell Implantation, according to a press release.

Speaking to presspersons here on Saturday, Dr. K. Raghuveer Reddy who performed these surgeries said that knee joint replacement has been the conventional option for patients with arthritis. However, especially the younger patients below 55 years of age continue to lead an active life, which results in a high wear and tear of the implant, he said.

An implant can last only for ten years and may require another knee replacement, which would last even lesser number of years. This can be disastrous for a young patient in his prime age he said adding that to avoid this condition, the emphasis has to be on preserving and prolonging the knee function.

“This can be accomplished with advanced knee preservation surgical techniques like HTO, Meniscus root repair and Cartilage cell implantation. However, these techniques require high levels of training, exposure and competence to be successful and beneficial to the patient”, he added.

The SISA Hospital has also hosted a live workshop, 11th SISA Live Surgery 2018 Advanced Knee Course to familiarize orthopaedic surgeons with these advanced techniques. Over 350 surgeons from different parts of the country participated in the workshop to learn these techniques focused on preservation of knee joint.

<https://telanganatoday.com/preserving-knee-is-important-rather-than-replacing-it-raghuveer-reddy>